

SHANNON RIVER



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While touring Ireland, one cannot miss the mighty Shannon river, The *Shannon* is Ireland's longest river which cuts across Ireland for over 360 kms, The origin of the river can be sourced to a place called *Shannon Pot*, a small pool (aquifer) up in the *Cuilcagh Mountain* in *County Cavan*.

According to Celtic legend, the Shannon is named after Sinnan, a lady who came to the spot to eat the forbidden fruit of the Tree of Knowledge, which was planted by the Druids (or priests) inside the well of knowledge. She opened the cover and water began to flow out of it which became the Shannon River. The river provides fishermen and kingfishers with leaping salmon as they glide their way upstream. Along the Shannon, one can see many charming, sleepy Celtic villages, ancient monasteries and fairy forts.



800 year old King John's Castle on the banks of Shannon